

looking forward

SEPT. 24, 2021

From the Vice Principal

Have you ever felt like you were facing a Goliath obstacle? Finances, health, work complications, excruciating homework, painful relationships, etc. We all face situations at some point that seem overwhelming, that there is no apparent solution to successfully conquer the problem. The good news is God has, can, and will make a way (Isaiah 43:16). Look at little David who was able to take on Giant Goliath. David didn't look at the giant problem, he looked to his giant God for the solution and used his skills and experience as a shepherd, partnering with God.

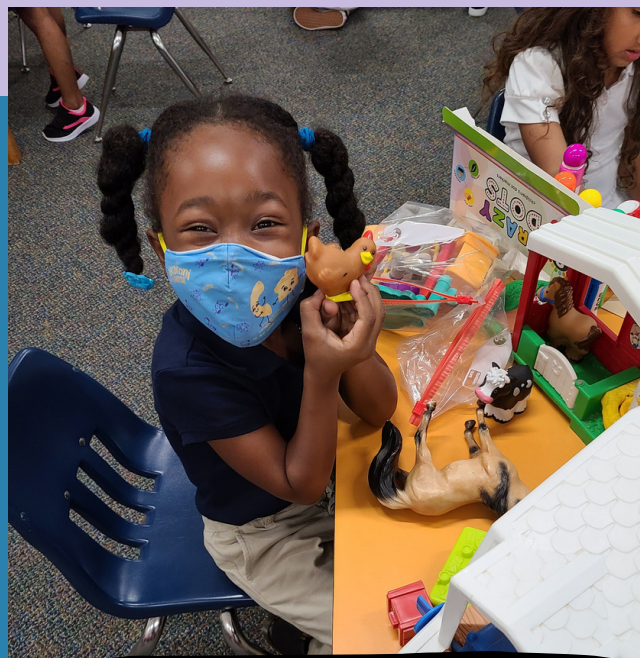
As we get deeper into our first quarter, some students are struggling with various challenges: academics, a new classroom setting, making new friends, dealing with new rules and expectations. Other students are actually flourishing, making lots of new friends, earning exceedingly honor worthy grades, settling into the new grade level extremely well. No matter which category your child falls into, as an adult we understand that life has cycles. Some days/years/jobs are easy, some are frustrating, some are troublesome, some are exciting. The real challenge is to face every situation head on and to avoid trying to hide or run away from it. David understood that. 1 Samuel 17:48 says that as Goliath moved to attack, David "quickly ran out to meet him" NLT.

Whether facing Goliath challenges or experiencing blissful celebrations, or anything in between, know that you have God on your side. He has given each one of us the skills, strategies, and tools to use to conquer trouble and celebrate accomplishments. It just might not happen in the way we expect or the timeline we wish. Struggle makes us stronger. Perhaps even consider trouble transportation to a new and unexpected destination. And, if you need assistance, reach out to the staff. We're all here to help each student be the best he/she can be!

Let's all keep conquering this first quarter! Fight the good fight including attendance, homework, and a positive attitude.

Blessings,

Linnie Hakes



Upcoming Dates

September 24- Friday Night Lights

September 28- 9-12 Big E

September 29- 7-8 Big E

September 30- 5-6 Outdoor School

October 8-9- Alumni Weekend

October 11-12- No school

October 16- Children's Church

MASKS REQUIRED

Please send your child to school, **DAILY**, with at least **TWO MASKS** in their backpack as well as a water bottle. The office is unable to keep up with the demand for lost, forgotten, or torn, masks and water cups.



HELP WANTED



Do you love to cook? Do you know how to sew? Do you make soaps or candles?

We are currently looking for people who are willing to teach an interesting and exciting elective for our High School students second semester. The sky is the limit and we welcome your proposals, please send an email to vp@mysla.org with any ideas you might have.

Classes would begin January 10.

Time commitment:

Tuesdays & Thursdays

Alternating Friday's for Period D only

Period D: 1:23-2:48 (85 min, Friday 60 min)

Period E: 2:50-3:40 (50 min)

*Possible small compensation can be discussed



PICTURE DAY

OCTOBER 8

If you have any questions please email Mrs. Iria, viria@mysla.org

Parents Praying for SLA



Did you know there is a group of dedicated parents and grandparents praying for your student and each member of the staff and faculty at South Lancaster Academy? This group of individuals also takes special prayer requests and needs to our Heavenly Father each week. Please consider joining this prayer team. We convene Sabbath mornings at 8 o'clock by conference call. If you're interested in joining, please contact Mrs. Morris (Elementary) or Ms. Cady (Academy). They will forward your contact information to me.

Looking forward to hearing your voice on the prayer line.

Warm Regards,

Lanu Stoddart-Williams

EARN CASH FOR OUR SCHOOL
NO MORE CLIPPING. ALL YOU NEED IS YOUR SMARTPHONE.

The NEW and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

LOOK FOR THE NEW LABEL: **SCAN YOUR RECEIPT** SEE HOW! BTFE.CC

HERE'S HOW IT WORKS:

BUY
BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.

SCAN
YOUR RECEIPT

Use the app to snap a photo of your receipt within 14 days of purchase.

EARN
CASH FOR OUR SCHOOL

Box Tops earnings are identified and automatically updated at BTFE.com.

You do not need to clip or send Box Tops labels to school.



WANTED

Mrs. Baldwin's Class

We are working on collecting all of the National Park quarters and need the following to complete our set!

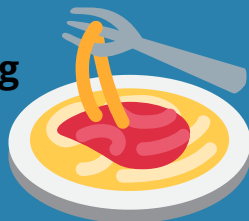
- 2012 Chaco Culture National Historical Park
- 2019 American Memorial Park
- 2019 San Antonio Missions National Historical Park
- 2020 Weir Farm National Historic Site
- 2020 Marsh-Billings-Rockefeller National Historical Park
- 2021 Tuskegee Airmen National Historic Site



What's for Lunch?



- **Monday's**
 - White Rice & Black Beans
 - Corn
 - Gummies
 - Drink
- **Tuesday's**
 - Pasta with red sauce
 - Salad with italian dressing on the side
 - Gummies
 - Drink
- **Wednesday's**
 - 2 hot dogs
 - Gummies
 - Drink
- **Thursday's**
 - 2 slices of cheese pizza
 - Chips
 - Drink
- **Friday's**
 - 2 corn dogs
 - Chips
 - Drink



SPORTS CALENDAR

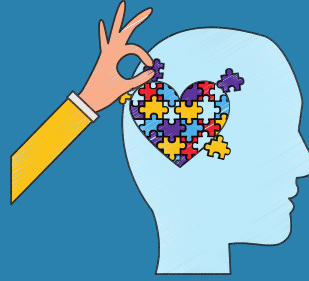


- **September 27**
 - 4:30 pm JV VB @ Leominster
 - 4:30 pm Soccer vs. Monty Tech
 - 6 pm V VB @ Leominster
- **September 28**
 - 5 pm JV VB @ Blackstone
 - 6:30 pm V VB @ Blackstone
- **September 30**
 - 3:30 pm XC @ Clinton
 - 4 pm JV VB @ Assabet Valley
 - 5:30 pm V VB @ Assabet Valley
- **October 4**
 - 4 pm XC vs. North Brookfield
 - 4:30 pm V VB @ UPC
- **October 5**
 - 4:30 pm JV VB vs. Ayer
 - 6 pm V VB vs. Ayer
- **October 6**
 - 4 pm JV VB @ South
 - 4 pm Soccer @ Parker
 - 5:30 pm V VB @ South
- **October 7**
 - 4 pm XC vs. South

Order on Renweb!



mental health check



At SLA we care deeply for our students and their mental health. Below is an article from the editor of childmind.org, a website that is dedicated to sharing articles to help parents navigate the challenges of mental health.

Experts agree that the best way to prevent suicide is to talk about it, but people are often afraid to bring it up. Stigma plays a big role in our reluctance, but it's also scary to acknowledge that someone you love might be feeling suicidal.

People are understandably afraid of saying the wrong thing, too.

In recognition of Suicide Prevention Awareness month, this week on childmind.org we share resources for families worried about suicide. Teenagers are notoriously prickly and teenagers struggling with depression are even more so, so we offer advice about how to talk to depressed teens. This includes advice about how to be a good listener, to encourage teens to feel more comfortable opening up. We also share advice about how to ask about suicide if you are worried and signs parents should look out for. Finally, we round up advice about how to help kids who are struggling with related issues, including self-injury and a form of OCD that includes an obsession with suicide.

Rachel Ehmke,
Managing Editor

<https://childmind.org/article/signs-a-child-might-be-suicidal/>

<https://childmind.org/article/how-to-help-your-depressed-teenager/>

<https://childmind.org/article/what-drives-self-injury-and-how-to-treat-it/>

<https://childmind.org/article/youre-worried-suicide/>

<https://childmind.org/article/ocd-and-suicide/>

<https://childmind.org/article/taking-a-child-to-the-emergency-room/>

<https://childmind.org/care/areas-of-expertise/anxiety-disorders-center/social-anxiety-groups/>

<https://childmind.org/guide/parents-guide-to-getting-good-care/>





South Lancaster Academy Athletics Fundraiser

DATE: SUNDAY, OCTOBER 17, 2021

TIME: 8:30-11:00 A.M.

WHERE: COLLEGE SDA CHURCH
337 MAIN STREET, LANCASTER MA



All You Can Eat Buffet!!!

Pancakes	Corn Bread
Waffles	Oatmeal
Scrambled	Hot Chocolate
Eggs	...and more
Home Fries	

TICKETS:

\$10 ADULTS
\$5 KIDS/SENIORS

CONTACT PERSON:

ADRIAN OLIVERA
978-870-3659

Pancake Breakfast



Friends Annual Book Sale

October 1-3 & 9-10, 2021

Friday 3 - 7 pm
Saturdays 9 am - 4 pm
Sundays 12 - 4 pm

Lancaster old Town Hall

695 Main Street, Lancaster, MA 01523



Fill a bag!



Oct 1st \$25/bag
Oct 2nd \$20, Oct 3rd \$15
Members receive \$5 off/bag first weekend
Oct 9th \$10/bag, Oct 10th \$5/bag
\$2 hardcover, \$1.50 softcover,
\$.50 reg paperbacks
Credit cards accepted

<https://thayermemoriallibrary.org> FriendsofTML@gmail.com



Alumni Weekend – October 8-9, 2021



Honor Classes – Doubled this year!

'40, '45, '50, '55, '60, '65, '70, '75, '80, '85, '90, '95, '00, '05, '10
'41, '46, '51, '56, '61, '66, '71, '76, '81, '86, '91, '96, '01, '06, '11

Weekend at A Glance

Oct. 8, Friday
3:00 Registration
7:30 Vespers, Musical Program
College Church

Oct. 9, Sabbath
8:30 Registration, College Church
9:30 Sabbath School, College Church
11:00 Worship Service, College Church
1:00 Luncheon
Tickets in advance or at the door
3:00 Class Meetings, SLA
5:30 Vespers, Village Church
7:30 Evening Dinner at Thayer -
8:00 Business Meeting
7:30 Basketball games, SLA

Oct 10, Sunday
9:00-12:00 The Old Mill Brunch

*Please join us for
an evening dinner
at Thayer on
Saturday Night!*

Bulk Mail
etc.

Make your plans early to join us for
what will undoubtedly be the largest
SLA Alumni Weekend ever!

We're looking forward to seeing you
again SOON!

SLA Voce, bells and band will be participating in the Friday concert as well as at church. We hope to see you there!

